First variation of the L^p norm

Lemma 1. Let p > 2. Then, the function

$$F: \mathbb{R} \to \mathbb{R}$$
, $F(x) = |x|^p$,

is in $C^2(\mathbb{R})$ and

$$F'(x) = px|x|^{p-2}$$
 and $F''(x) = p(p-1)|x|^{p-2}$.

Moreover, for all $x, y \in \mathbb{R}$, we have

$$\left| \frac{1}{t} \left(F(x+ty) - F(x) - tyF'(x) \right) \right| \le p(p-1)|t||y|^2 (|x|+|y|)^{p-2}.$$

Proof. It is sufficient to check that

$$\frac{1}{t} \left(F(x+ty) - F(x) - tyF'(x) \right) = y \left(F'(x+sy) - F'(x) \right) = s|y|^2 F''(x+\sigma y),$$

where s = s(t, x, y) and $\sigma = \sigma(t, x, y)$ are such that $0 < |\sigma| < |s| < |t|$.

Lemma 2. Let $p \geq 1$, $\Omega \subset \mathbb{R}^d$ be a measurable set, and let

$$\alpha > 0, \ \beta > 0 \ be \ such \ that \ \alpha + \beta = 1.$$

Then,

$$|u|^{\alpha}|v|^{\beta} \in L^p$$
 for every $u, v \in L^p(\Omega)$.

Proof. By the Young's inequality we have

$$|u|^{p\alpha}|v|^{p\beta} \le \alpha |u|^p + \beta |v|^p.$$

Thus

$$|||u|^{\alpha}|v|^{\beta}||_{L^{p}}^{p} = \int_{\Omega} |u|^{p\alpha}|v|^{p\beta} dx \le \alpha \int_{\Omega} |u|^{p} + \beta \int_{\Omega} |v|^{p} < +\infty$$

Proposition 3. Let p > 2 and $\Omega \subset \mathbb{R}^d$ be a measurable set. Then, for every $w, \phi \in L^p(\Omega)$ the function

$$f(t) := \int_{\Omega} |w + t\phi|^p,$$

is differentiable at t = 0 and its derivative is given by

$$f'(0) = p \int_{\Omega} \phi w |w|^{p-2} dx.$$

Proof. By Lemma 2, we get that

$$\phi|w|^{p-1}\in L^1(\Omega)\quad\text{and}\quad \phi^2|w|^{p-2}\in L^1(\Omega).$$

By applying Lemma 1, for every t and every $x \in \Omega$, we have

$$\left| \frac{1}{t} \left(|w + t\phi|^p - |w|^p - tp\phi w |w|^{p-2} \right) \right| \le p(p-1)|\phi|^2 \left(|\phi| + |w| \right)^{p-2} \in L^1(\Omega),$$

while for every $x \in \Omega$ we have

$$\frac{1}{t} \Big(|w(x) + t\phi(x)|^p - |w(x)|^p - tp\phi(x)w(x)|w(x)|^{p-2} \Big) \to 0.$$

Thus, by the dominated convergence theorem, we have

$$\lim_{t \to 0} \int_{\Omega} \frac{1}{t} \left(|w + t\phi|^p - |w|^p - tp\phi w |w|^{p-2} \right) dx = 0,$$

which concludes the proof.