

# A polynomial upper bound on Reidemeister moves for each knot type

Marc Lackenby

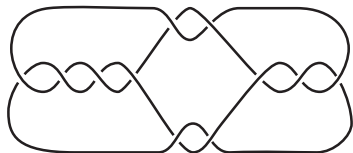
August 2013

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Goeritz's unknot

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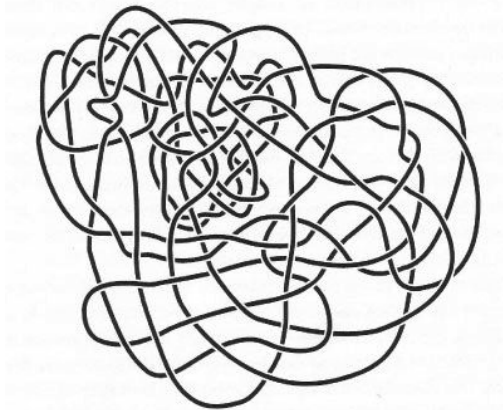
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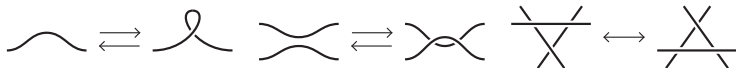


Haken's unknot

There is probably no simple way of doing so.

# Reidemeister moves

Any two diagrams of a link differ by a sequence of Reidemeister moves:



If we knew in advance how many moves are required, we would have an algorithm to detect the unknot.

# Computable upper bounds

Easy Theorem: The following are equivalent:

- ▶ There is an algorithm to decide whether a knot diagram represents the unknot.
- ▶ There is a **computable** function  $f: \mathbb{N} \rightarrow \mathbb{N}$  such that, given an unknot diagram with  $n$  crossings, there is a sequence of at most  $f(n)$  Reidemeister moves taking it to the trivial diagram.

# Upper and lower bounds

Theorem: [Hass-Lagarias, 2001] Given a diagram of the unknot with  $n$  crossings, there is a sequence of at most  $2^{kn}$  Reidemeister moves taking it to the trivial diagram, where  $k = 10^{11}$ .



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**Problem**: Is there a polynomial upper bound?

# A polynomial upper bound

Theorem: [L, 2012] Let  $D$  be a diagram of the unknot with  $n$  crossings. Then there is a sequence of at most  $(231n)^{11}$  Reidemeister moves that transforms  $D$  into the trivial diagram.

# Non-trivial knots

Question: Given two diagrams of a knot with  $n$  and  $n'$  crossings, can one determine an upper bound  $f(n, n')$  on the number of Reidemeister moves required to pass from one diagram to the other?

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Such an algorithm was given by Haken and Hemion.

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Theorem: [Hass-Nowik, 2010] For each knot  $K$ , there is a sequence of diagrams  $D_n$  and  $D'_n$  for  $K$  such that

- (1) the crossing numbers of  $D_n$  and  $D'_n$  are linear functions of  $n$  and,
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Reidemeister moves, where  $c = 10^{1000000}$ .

## A bound for each knot type

Theorem: [L, 2013] For each knot type  $K$ , there is a **polynomial**  $p_K$  with the following property. Any two diagrams for  $K$  with  $n$  and  $n'$  crossings differ by a sequence of at most  $p_K(n) + p_K(n')$  Reidemeister moves.

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Corollary: [L, 2013] The problem detecting whether a knot has type  $K$  lies in NP.

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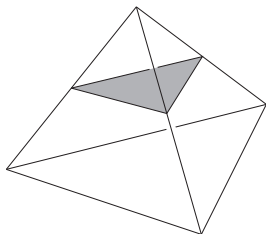
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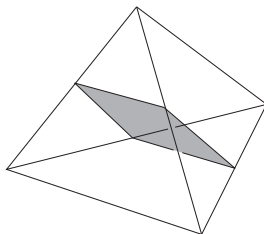
Theorem: [Haken, 1961] There is an algorithm to determine whether a knot diagram represents the unknot.

This uses normal surfaces.

A surface properly embedded in a triangulated 3-manifold is **normal** if it intersects each tetrahedron in a collection of triangles and squares.



Triangle



Square

## The normal surface equations

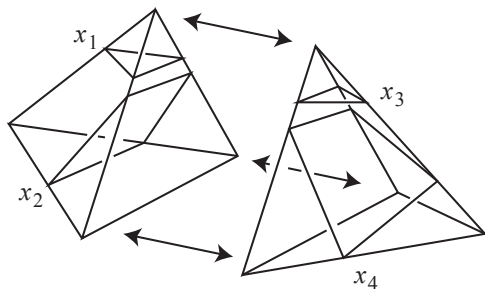
Associated to a normal surface  $S$ , there is a list of integers which count the number of triangles and squares of each type. This is the **vector**  $[S]$ .



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These vectors satisfy a system of equations, called the **matching equations**.



$$x_1 + x_2 = x_3 + x_4$$

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We say that a normal surface  $S$  is a **sum** of two normal surfaces  $S_1$  and  $S_2$  if

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A normal surface is **fundamental** if it is not a sum of other normal surfaces.

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Haken's algorithm:

1. Construct a triangulation of the knot exterior.
2. Find all fundamental normal surfaces.
3. Check whether one is a spanning disc.

# An exponential upper bound on Reidemeister moves

Theorem: [Hass-Lagarias, 2001] Given a diagram of the unknot with  $n$  crossings, there is a sequence of at most  $2^{kn}$  Reidemeister moves taking it to the trivial diagram, where  $k = 10^{11}$ .

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This relies on:

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Outline of their argument:

1. Construct a triangulation of the knot exterior from the diagram.
2. Find a spanning disc which is fundamental.
3. Slide the unknot over this disc.
4. Each slide across a triangle or square leads to a bounded number of Reidemeister moves.

## From exponential to polynomial?

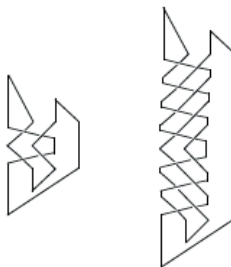
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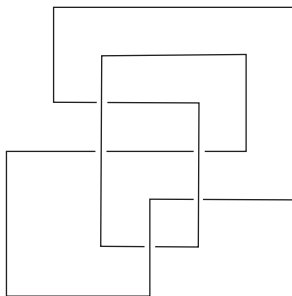
In fact:

Theorem: [Hass-Snoeyink-Thurston, 2001] There exist unknots consisting of  $10n + 9$  straight arcs, for which any piecewise linear spanning disc must have at least  $2^{n-1}$  triangular faces.



# Rectangular diagrams

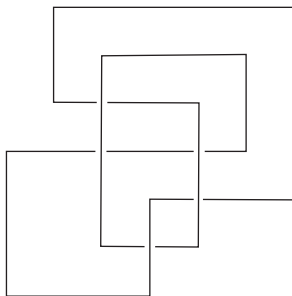
A **rectangular diagram** is a diagram which is a union of horizontal and vertical arcs, such that at each crossing, the over-arc is the vertical one.





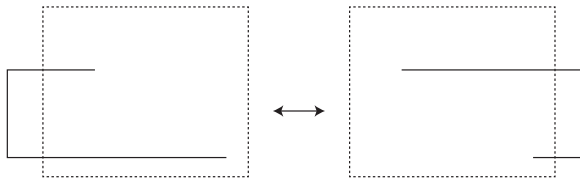
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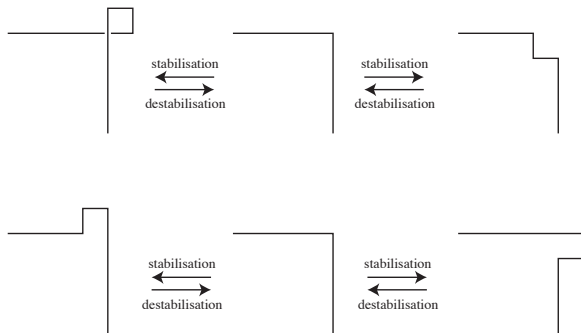
The number of horizontal (or vertical) arcs is the **arc index** of the diagram.

## Moves on rectangular diagrams

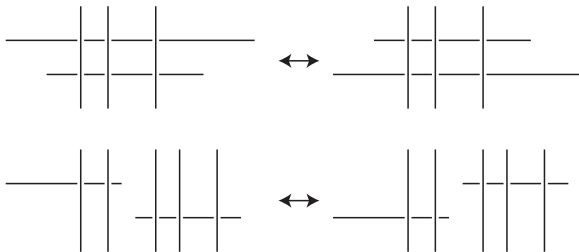


Cyclic permutation of the edges

# Moves on rectangular diagrams



Stabilisations and destabilisations



Exchange move:

interchanging parallel edges of the rectangular diagram, as long as they have no edges between them, and their pairs of endpoints do not interleave.

# Dynnikov's theorem

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Corollary: [Dynnikov, 2004] Given any diagram of the unknot with  $n$  crossings, there is a sequence of Reidemeister moves taking it to the trivial diagram, so that each diagram in this sequence has at most  $2(n + 1)^2$  crossings.

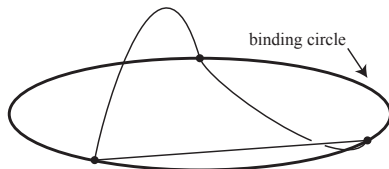
# Arc presentations

Let  $S^1$  be the unknot in  $S^3$ , called the **binding circle**.

Foliate the complement of the binding circle by open discs called **pages**.

A link  $L$  is in an **arc presentation** if

- ▶ it intersects the binding circle in finitely many points called **vertices**;
- ▶ it intersects each page in the empty set or a single arc joining distinct vertices.





# Arc presentations and rectangular diagrams

There is a one-one correspondence

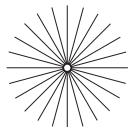
arc presentations  $\longleftrightarrow$  rectangular diagrams  
up to cyclic permutation

# Dynnikov's argument

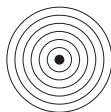
Let  $S$  be the spanning disc for the unknot.

Then  $S$  inherits a singular foliation from its intersections with the pages. We say that  $S$  is in **admissible form**.

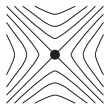
Local pictures of the singular set:



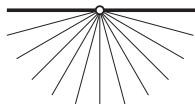
(a)



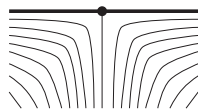
(b)



(c)



(d)



(e)

(a): vertex of  $S$  (where it intersects the binding circle)

(b): local max/min of  $S$  (a 'pole')

(c): interior saddle of  $S$

(d): boundary vertex of  $S$

(e): boundary saddle of  $S$

A **separatrix** is a component of a leaf with an endpoint in a saddle.

# Dynnikov's argument

The **valence** of a vertex of  $S$  is the number of separatrices coming out of it.

An Euler characteristic argument implies that there is always one of:

- ▶ A pole
- ▶ A 2-valent interior vertex
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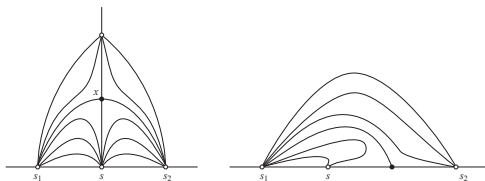
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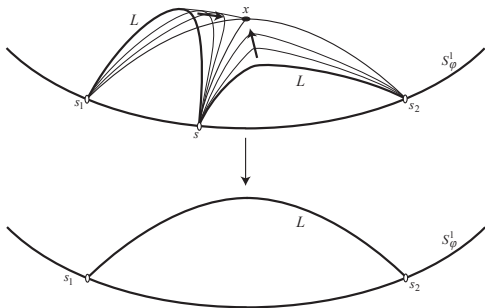
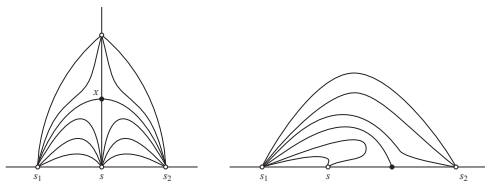
In each case, there is a modification to the arc presentation and  $S$  which reduces the number of singularities of  $S$ .

Each modification is achieved using exchange moves, cyclic permutations and possibly a destabilisation.

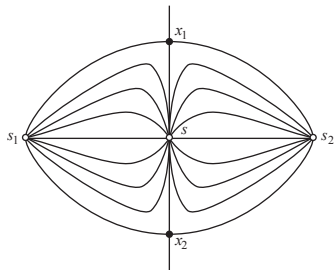
# A 1-valent boundary vertex



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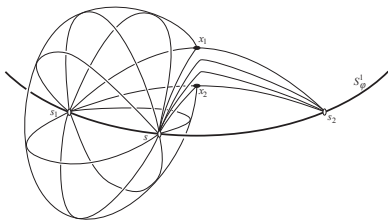
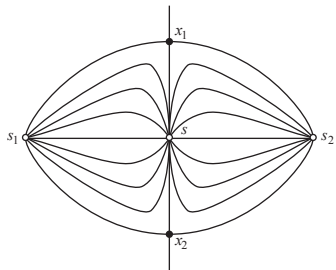


## A 2-valent interior vertex





## A 2-valent interior vertex



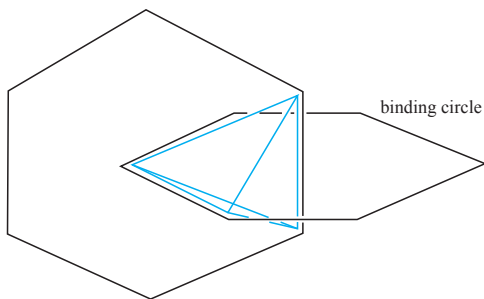
# Main idea of proof for the unknot

- ▶ Blend Dynnikov's methods with the use of normal surfaces.

# A triangulation from an arc presentation

Fix an arc presentation of a link  $L$  with arc index  $n$ .

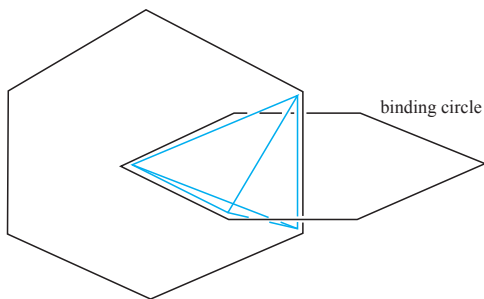
Then there is a triangulation of  $S^3$  with  $n^2$  tetrahedra in which  $L$  is simplicial.



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The binding circle is also simplicial.

## Outline of proof

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- ▶ Find a normal spanning disc with at most (roughly)  $2^{343n^2}$  vertices.



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- ▶ We know that there is a 3-valent or 2-valent interior vertex or a 1-valent boundary vertex (we can ensure that it has no poles).
- ▶ Find large collection of these which have 'parallel' stars.
- ▶ Perform a single exchange move and reduce the number of singularities by a factor of roughly

$$\left(1 - \frac{1}{n^2}\right).$$

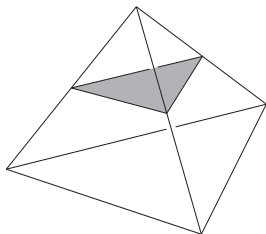
# Parallelism

Let  $T$  be a triangulation with  $N$  tetrahedra.

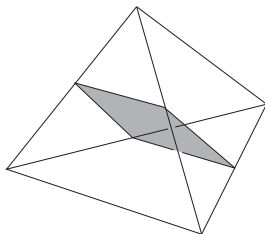
# Parallelism

Let  $T$  be a triangulation with  $N$  tetrahedra.

Let  $S$  be a normal surface. Then the normal triangles and squares in  $S$  come in at most  $5N$  types.



Triangle

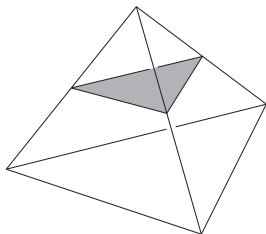


Square

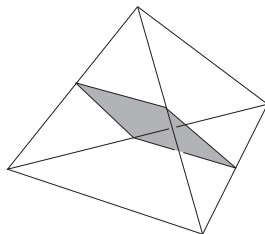
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So, if there are  $V$  vertices of  $S$ , we would expect there to be a collection of at least

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But how do we prove this??

## Exploiting Euler characteristic

The argument implying that there is a 3-valent or 2-valent interior vertex or a 1-valent boundary vertex actually implies that

- ▶ either the number of such vertices is a definite proportion of the total number of vertices (and so the above reasoning works),

## Exploiting Euler characteristic

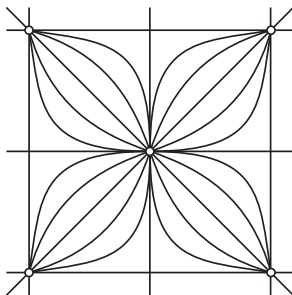
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- ▶ either the number of such vertices is a definite proportion of the total number of vertices (and so the above reasoning works),
- ▶ or there are lots of vertices which 'contribute zero' to the Euler characteristic of  $S$ . An example of such a vertex:



# Exploiting Euler characteristic

In the latter case, we show that these regions patch together to form **a normal torus which forms a summand for the disc**, contradicting an assumption that it is fundamental.

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This requires a subtle argument involving branched surfaces.

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Theorem: There is a polynomial  $p$  (depending on  $K$  and  $H$ ) such that, if  $K$  is in an arc presentation with arc index  $n$ , then there is a sequence of at most  $p(n)$  exchange moves, cyclic permutations, destabilisations, stabilisations and an isotopy, taking each surface in  $H$  into admissible form with at most  $p(n)$  singularities.

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Because  $H$  has polynomially-bounded size, each slide requires polynomially many Reidemeister moves.



# Questions

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- ▶ Is there a polynomial time algorithm to recognize the unknot?
- ▶ Can one find a polynomial upper bound on Reidemeister moves that works for all knot types?